

Teaching Exploration of Ideological and Political Theory Courses in Colleges and Universities under the Guidance of Chinese Excellent Traditional Cultural Concept

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Abstract: Chinese excellent traditional culture is an important foundation and motivation to promote the development and progress of our country. At the same time, the Chinese excellent traditional culture concept has played an active role and value in the teaching of ideological and political theory courses in colleges and universities. Due to the strong theoretical and philosophical nature of the ideological and political theory courses in colleges and universities, students will inevitably feel boring and difficult to understand during the learning process. Therefore, this article mainly explores the practical methods and educational directions of ideological and political theory courses in colleges and universities from the perspective of Chinese excellent traditional cultural concepts. Guide and promote the continuous enhancement of students' understanding of ideological and political theory courses, and cultivate talents with noble ideological and moral qualities, noble patriotism and correct political concepts.

1. Introduction

In the process of the Chinese nation's forward development and progress, it relies on the guidance and promotion of China's outstanding traditional cultural concepts, and it has also become an important content of the core socialist values. At present, there are also many problems in the teaching process of ideological and political theory courses, such as: students' understanding of the course is not deep, the course is seriously divorced from reality, and the inner core of Chinese excellent traditional culture cannot be reflected. Therefore, it is necessary to use Chinese excellent traditional cultural concepts to guide the teaching of ideological and political theory courses in colleges and universities. In this way, the teaching quality and teaching level of the entire theory courses can be improved. This is also the significance and value of this research.

2. Chinese Outstanding Traditional Cultural Concept

The concept of Chinese excellent traditional culture refers to the essence and civilization of the Chinese nation based on the experience gained in the long-term historical development and practical struggle. It is also a portrayal of the inner spirit of the Chinese nation, and it will use systematic theories and orderly things. Come to teach everyone.

The starting point and end point of the concept of Chinese excellent traditional culture is to deal with the relationship between man and nature, man and society, man and man, and man and soul. First of all, in the relationship between man and nature. The Chinese traditional excellent cultural concept emphasizes that all things live in harmony, the Tao follows the natural, the things are not noble and the low, the nature and man are one, and the things are in the same body, the benevolent is happy to the mountain, the wise is happy to the water and other ideas; and in understanding and dealing with people and society The main emphasis on the relationship between people is to make the people the foundation of the country, benefit the country and the people, benevolent, love others, respect and respect each other, love and make benefits, cultivate oneself and others. By applying these concepts, we can have a better understanding of the relationship between people, and can help deal with the existing social moral crisis. For teachers of ideological and political theory courses,

this part of the content can better allow teachers to communicate with students, and set a good example for students with their own consistent speech and behavior; and in understanding and handling the relationship between people and the soul aspect. The concept of Chinese excellent traditional culture clearly requires knowledge through knowledge, abundance and righteousness, the unity of knowledge and action, consistency of words and deeds, introspection, caution in words, and dexterity in actions. These concepts can not only help people resolve spiritual crises, but also continuously make people progress in difficult situations and stay alert in times of peace. The same applies to instructing teachers to correct their own teaching deficiencies, to be courageous to constantly discover their own problems, and to actively correct them; and in dealing with the relationship between the country and the country, the Chinese excellent traditional cultural concepts include harmony but difference, compatibility and inclusiveness. Great harmony in the world, benevolent and kind neighbors, the rise and fall of the world, everyone is responsible, etc. These ideas have been better updated with the development of the times, and have played a great role in dealing with political crises and relations between nations. For teachers of ideological and political theory courses, this part of the content can lead students to form a good political stand and quality, and have a long-term and overall view of the world^[1].

The concept of Chinese excellent traditional culture itself possesses many characteristics of being organized, systematic, open, comprehensive, people-oriented, individualized, diverse and subjective. The pursuit of the supremacy of rationality in the concept of Chinese excellent traditional culture, in which being cautious in words, quick in action, and paying attention to the harmony of interpersonal relations, has a good inspiration for the reform of the teaching method of ideological and political theory courses in colleges and universities; using excellent traditional cultural concepts to guide ideological and political The innovation and development of curriculum theory teaching has cultivated a good atmosphere for educating people, which has become an important responsibility of ideological and theoretical educators in history.

3. Use Chinese Excellent Traditional Cultural Theory to Guide the Innovation of Teaching Methods of Ideological and Political Theory Courses

3.1 Moral Education Methods of Introspection

Introspection is one of the excellent traditional cultural concepts in our country. This is that people need to deeply reflect on what they do and what they want, so as to ensure that moral cultivation can be improved to a certain extent. The main purpose of ideological and political education is to transform the external restraint into the inner self-restraint of the students. Therefore, in the ideological and theoretical courses of colleges and universities, teachers should fully explain related concepts and philosophies such as “introspection” to students, and guide students to continuously improve their awareness of self-reflection, and then transform them into external moral requirements. At the same time, in addition to introspection, external inspection can promote the actual effect of introspection. From the perspective of modern education and teaching, it can greatly enhance students' self-education ability. Through the application of this educational method, the course teaching can be transformed into student self-learning activities. At present, the teaching method of teacher's preaching is mainly used in the teaching of ideological and political theory courses, but teacher's preaching is only an important method to guide and help students develop a good ideological attitude and awareness^[2]. Therefore, it is necessary to combine introspection and external inspection to jointly improve the effectiveness of ideological and political theory teaching.

3.2 Educational Practice That is Cautious in Words and Deeds

The traditional excellent culture contains the ideology of “be cautious in words and quick in action”, which requires teachers to unify their behavior, speech and thought. Being sensitive to action in teaching means that teachers are required to test the actual theoretical teaching results, and

the students' ideological and political education level needs to be verified by actual behaviors to show its true value and significance. Therefore, in educational practice, teachers need to guide and help students to better practice the content of ideological and political theory courses by transforming ideological and political theories into practice, applying theme education, volunteer activities, etc.^[3]. Through the use of this method, it can better help students understand the actual connotation and value meaning; in addition, Shen Yuyan refers to the core content of the ideological and political theory curriculum in educational practice. The traditional teaching evaluation method cannot completely examine all the students' inner thoughts and speeches. Therefore, it is necessary to guide the traditional teaching evaluation methods with the excellent traditional cultural concepts of being cautious in words and quick in action. Actively promote the separation of teaching and examination, and promote the reform of teaching examination methods. Pay attention to the main process and various behaviors of students' daily learning, and serve as the main criteria and content of assessment. For example, teachers can use homework, classroom questions and answers, and the completion of teaching tasks as assessment criteria for the learning process. At the end of the semester, they mainly use a semi-open book to test students' understanding of ideological and political theory courses, analysis and judgment of problems. Processing power.

3.3 Pay Attention to the Harmony of Interpersonal Relationship in Teaching

Under the trend of cultural globalization, different cultural concepts have flooded into my country's social development, especially the overemphasis on individualism, egoism, and individual freedom, to a certain extent, neglecting the interests of others and the collective. This leads to the continuous breeding of conflicts between people. It takes a relatively long time to practice the idea of collectivism in the real society^[4]. In the concept of excellent traditional culture, paying attention to the degree of harmony in interpersonal relations can effectively resolve contradictions and conflicts between people. Ideological and political education in colleges and universities should not only cultivate outstanding talents who can govern the country, but more importantly, cultivate students' citizenship and national consciousness. The teaching of ideological and political theory courses in colleges and universities does not explain traditional terms and concepts, but a new-style education that takes the essence of citizenship as the core and foundation of education. Students are required to have a strong sense of identity with the country's laws and national system, to ensure that college students can be aware of their responsibilities and obligations as Chinese citizens, and understand that everything they do and every word they say will affect China. The society has different degrees of influence; at the same time, there will be a modern spirit of equality and independence. Therefore, in teaching, teachers uphold the Chinese excellent cultural concept of harmonious interpersonal relationships to create a harmonious and stable teaching and education atmosphere. In such an educational atmosphere, students can effectively improve their understanding of ideological and political theory courses and cultural accomplishments.

4Chinese traditional excellent cultural concepts promote the teaching reform of ideological and political theory courses

3.4 Explore and Understand the Teaching Laws of Education

The first is to reform the existing ideological and political theory teaching and education concepts. Ideological and political theory courses are essentially to enhance students' ideological and moral consciousness, ideal consciousness, and cultural art and discipline consciousness. Therefore, through the application of traditional cultural theories to guide the transformation of existing education and teaching concepts, it is not only necessary to cultivate students' knowledge and culture Literacy and theoretical level are more to help students establish correct values and concepts of life. Firmly grasp the talent training goals in the traditional excellent cultural concepts, and fully mobilize the school's talent training resources according to the actual needs of society and

enterprises. In addition, in the process of education and teaching, we must follow the important teaching rules of teaching students in accordance with their aptitude and gradual progress. Set up appropriate education and teaching content according to students' development law and cognitive situation, and adopt appropriate teaching methods^[5].

3.5 Innovative Thinking on Teaching Work in Ideological and Political Theory Courses

One is to transform the existing lagging thinking. In the past, ideological and political theory education was more about explaining the spirit of the document conveyed to students, but the level of explanation was relatively shallow, and students could not understand the connotation deeply, and at the same time, there was no way to apply it in the curriculum. The theory of multi-dimensional and multi-thought to solve problems. Therefore, teachers need to adhere to the application of traditional excellent cultural concepts, change their own thinking and thinking methods, and effectively integrate them with reality; the second is to actively absorb the open concept of Chinese excellent traditional culture, so that teachers' thoughts and vision are not limited to the classroom. More is to connect with social reality. The theories in the ideological and political courses are based on practice, and it is also necessary to use these theories to look at and deal with social life, difficulties and setbacks, and life and career. Use the concept of openness to inspire students and allow them to accurately grasp their position in society; the third is to use the concept of openness in the excellent Chinese traditional culture. At present, a considerable number of teachers are relatively simple in collecting information, and ideological and political theory education is mainly based on documents and teaching materials. In the long run, teachers' own knowledge will not be able to keep up with the development and changes of the times. Teachers should have systematic and multi-domain subject knowledge, so as to deal with the increasingly complex ideological and political theoretical problems and situations. Teachers need to apply the openness of Chinese excellent traditional cultural concepts, and constantly absorb the latest knowledge, concepts and information from the outside world, so that they can form a complete and systematic knowledge system^[6].

5Chinese excellent traditional cultural concepts guide the teaching management of ideological and political theory courses

3.6 Strengthen the Construction of the Teaching Team

Teachers are the main body of teaching ideological and political theory courses, and they are also the guides for students to possess high ideological and moral qualities and political positions. Therefore, it is necessary to train the teachers' personal professionalism, political quality, stand orientation, distinguishing ability of excellent cultural concepts and teacher ethics. The party and government leaders in the school should pay more attention to the construction of ideological and political theory courses, and learn and absorb the core essence of Chinese excellent traditional cultural concepts as much as possible, lead teachers to earnestly implement the spirit and core, and further understand the ideological and political theory. The important value and significance of courses in personnel training and education and teaching. School leaders can make teachers aware of the deficiencies and deficiencies in their curriculum by reviewing and evaluating teachers' curriculum teaching^[7]. Moreover, it is necessary to implement the actual teaching effects of teachers, conduct regular surveys of the ideological status of college students, and organize students to participate in social practice.

3.7 Teach Students in Accordance with Their Aptitude and Optimize Teaching Management

According to the spirit of teaching students in accordance with their aptitude in the concept of Chinese excellent traditional culture, the basic curriculum design, principles and guiding ideology of ideological and political theory teaching should be clarified, and the teaching plan and time should be arranged reasonably. Ideological and political theory courses should take course

construction as the main carrier^[8]. In classroom teaching, it is necessary to apply case teaching method and task-driven method, and set up study groups to complete these teaching tasks and cases. These cases and tasks are close to social life, have strong affinity and practical significance, and avoid indoctrination, Yiyantang teaching method, effectively enhance the attractiveness and effectiveness of the classroom.

4. Conclusion

The concept of Chinese excellent traditional culture is extremely broad, and it has become the spiritual driving force guiding the development and progress of the Chinese nation. Ideological and political theory courses are not limited to improving students' personal moral and political qualities, but require students to form a complete personality and healthy life attitude in the process of development and progress. Therefore, teachers need to be able to innovate teaching methods, management models and teaching concepts under the guidance of Chinese excellent traditional cultural concepts, and ultimately can effectively improve the quality and level of ideological and political theory courses.

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